**VSA Player Evaluation**

**(For Goalkeepers)**

**Player: Team: Position:**

**Players:** For each of the components listed below, highlight a number 1-4 in YELLOW that you feel best describes your performance.

* **1.** Are areas where you excel.
* **2.** Are areas that are strengths but still need improvement.
* **3.** Are areas that can let you down under pressure.
* **4.** Are areas that you need to focus upon.

**Technical:**

Using the inside of both feet to pass 1 2 3 4 Basic Catching 1 2 3 4

Driving a long ball (i.e. goal kicks) 1 2 3 4 Catching high balls 1 2 3 4

Punting Technique 1 2 3 4 Catching crosses 1 2 3 4

Driving – Low Shots 1 2 3 4 Distribution - Underhand 1 2 3 4

Driving – High Shots 1 2 3 4 Distribution - Overhand 1 2 3 4

**Tactical:**

Starting Position 1 2 3 4 Communication 1 2 3 4

Positioning – Angle 1 2 3 4 Organizing your defense 1 2 3 4

Positioning – Distance 1 2 3 4 Organizing on set pieces 1 2 3 4

Positioning on Crosses 1 2 3 4 1v1’s 1 2 3 4

**Athletic Ability: Personality:**

Speed 1 2 3 4 Mental Toughness 1 2 3 4

Basic soccer speed from 10-30 yards How do you react after a goal has gone in

Agility and Balance 1 2 3 4 Courage 1 2 3 4

The ability to change direction Diving, 1v1’s and catching a ball in a ground

Strength 1 2 3 4 Are the Players Coachable 1 2 3 4

All round body strength Are they attentive and open to learning

Soccer Fitness 1 2 3 4 Soccer IQ 1 2 3 4

The ability to play at a high tempo Level of soccer intelligence

Footwork 1 2 3 4 Positive Attitude 1 2 3 4

Foot Speed – front to back and side to side Do players give 100% regardless of the game situation

**Comments:**